# How to keep your hands clean and safe? 



## Duration of the entire procedure: 20-30 seconds



Apply a palmful of the product in a cupped hand, covering all surfaces;


Right palm over left dorsum with interlaced fingers and vice versa;


Rotational rubbing of left thumb clasped in right palm and vice versa;


Palm to palm with fingers interlaced;

7


Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;


Rub hands palm to palm;

5


Backs of fingers to opposing palms with fingers interlocked;

8


Once dry, your hands are safe.

